

STUDY GUIDE

Hello everyone,

Here is a short guide about how best to use my lessons.



1. Listen many times, over and over again. You can listen once or twice on one occasion and then again a day or two later. Your goal should be a total of 5 to 10 repeats. That is the minimum.
2. Sometimes combine listening with reading at the same time.
3. Start with the main text and the dialogue, then the vocabulary section. Then you can move on to audio exercises. There is also a segment with extra example sentences for the vocabulary covered. But really, all the segments are standalone and can be used in a different order. If you find it too difficult, start with the vocabulary or example sentences segment first (or contact me and we will work on your English together).
4. If you find a particular segment more useful than the others, you can listen and read that one more and perhaps ignore the others a little.
5. Contact me for extra materials for this lesson. They are also free of charge. (flashcards, mind maps, extra vocabulary).
6. Do the flashcards. There is a box of flashcards which accompanies this course, to make you learn even more deeply and thoroughly. Each one has a picture and example sentences with a particular word or phrase.
7. Remember: listen deeply! Find a place where you are not going to be disturbed for an hour or so and listen to the lesson. Preferably, do it when you are not in a hurry, no one is interrupting, when you are relaxed. Stress, a hectic schedule, lack of sleep or multitasking will damage your improvement, will hurt your results.
8. Work actively with the material once you have learnt it a little. Create your own mind maps and flashcards, read interesting legal cases or watch footage about them online, etc. Use spaced repetition.

Happy and effective learning !

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